Study Guide for Section 1

1. Which age segment of the population suffers disproportionately from hunger and malnutrition? Explain.

2. How is maternal health related to poverty, hunger, and malnutrition throughout the female life cycle (babies, girls, women)? Explain.

3. In the Video on malnutrition and gender equality, why do the two twins have such different weights? Explain.

4. Explain why diarrhea leads to dehydration death in many cases in the developing world.

5. What are some personal and societal side effects of hunger and poverty? Explain.

6. Why is hunger associated with poverty, especially in rural areas of the developing world? Explain.

7. Worldwide, who is more likely to be illiterate, women or men, and why?

8. What are two factors that have been shown to correlate with children being out of school? Explain.
9. According to The video on malnutrition in Guatemala, who is hungry and why? Explain.

10. Indicate the four Millennium Development Goals you think are most important and why.

11. According to the news story on women in global agriculture, since women make up 43% of the global agricultural work force, increasing equality for women can reduce world hunger by increasing agricultural productivity. What are three areas that the news story says equality should be increased for women?

12. Explain the Food First Myth 1 arguments: a) hunger is not due to a scarcity of food. b) hunger is not due to too many people

13. In World Hunger 10 Myths what are the arguments you find most and least compelling? Explain.

14. In the article World Food Day: 10 Myths about Hunger, what do you think is the most interesting or important myth? Explain.

15. What was the role of colonization on the famines in Ireland or India? Explain who controlled the land, food production, and export.

16. How have wars exacerbated famine problems in Africa? Explain and give 2 examples.

17. What economic segment of the population suffers disproportionately in natural disasters, war, and famine? Why? Is this morally acceptable?
18. How can policy in support of a political ideology sometimes result in famine and starvation? Give two examples from Communist countries during the 20th Century.

19. From the videos on Armenian Genocide and the Nazi Death Camps, why do you think so many of the corpses were extremely thin? Is this morally acceptable?

20. From the video on Genocide in Darfur, what is the political, economic, and cultural basis of that conflict? Explain.

21. Oxfam argues that hunger is not due to Natural Disaster or Overpopulations. What are the reasons they give for these arguments?

22. What five disaster relief policies do Leathers and Foster recommend to avoid famine and starvation?

23. What is micronutrient malnutrition? What are the three most limiting micronutrients?

24. What is protein energy malnutrition? What are the two most extreme forms? Explain.

25. Explain the difference in the causes and symptoms of kwashiorkor and marasmus.

26. What are complementing proteins? Explain specifically what is being complemented, and give an example.
27. What are the causes of global overnutrition, and how can overnutrition and undernutrition coexist in the same country? Explain.

28. Explain the difference between RDA and EAR and why these two nutritional standards exist.

29. Do you think hunger and malnutrition are morally acceptable? Why or why not? (no ethical theory needed...yet).

30. Oxfam states that 1/3 of the world’s grain and ½ of its fish go to feed animals for meat production in wealthy countries. Is this morally acceptable? Explain.