Summary of Marx’s “Estranged Labor” from Economic and Philosophic Manuscripts of 1844

First type of alienation: Workers are alienated from the products of their labor.
   The products don’t belong to the worker. The more the worker produces, the less the worker has.

Second type of alienation: Workers are alienated from the labor process.
   Labor is forced, doesn’t satisfy the worker, is only a means, belongs to another.

Third type of alienation: Workers are alienated from their bodies and human potential.
   Workers’ life-activity is a means to physical existence, not an end in itself.

Fourth type of alienation: Workers are alienated from other workers.
   Other types of alienation are reflected in social relationships.