



Top Five Times (Thru 10-11 Season)

50 Free

1. 0:23.87 Sarah Norris- Big 12's
2. 0:23.94 Katie Vollhaber- Big 12's
3. 0:24.16 Jeli Nixt- Big 12's
4. 0:24.29 Johanna Wubbena- Big 12's
5. 0:24.34 Elena Carvell- TYR Invitational

100 Free

1. 0:52.31 Sarah Norris- Last Chance Meet
2. 0:52.47 Johanna Wubbena- Big 12's
3. 0:52.47 Alex Gustafson- Big 12's
4. 0:52.86 Dani Harris- TYR Invitational
5. 0:52.88 Katie Vollhaber- Big 12's

200 Free

1. 1:50.89 Alex Gustafson- Big 12's
2. 1:51.22 Jenny Vondenkamp- Big 12's
3. 1:53.78 Chelsea Tomek- Big 12's
4. 1:54.68 Kalyn Amundsen- Big 12's
5. 1:55.10 Meredith Doran- Big 12's

500 Free

1. 4:55.52 Jenny Vondenkamp- Big 12's
2. 4:56.71 Megan Thompson- Big 12's
3. 4:58.92 Meredith Doran- Big 12's
4. 5:02.28 Alex Gustafson- Big 12's
5. 5:05.42 Chelsea Tomek- Big 12's

1000 Free

1. 10:13.58 Meredith Doran- Iowa
2. 10:14.10 Jenny Vondenkamp- Big 12's
3. 10:15.64 Megan Thompson- Big 12's
4. 10:36.43 Alex Gustafson- Big 12's
5. 11:16.28 Jackie Itzen - Missouri

1650 Free

1. 16:54.71 Jenny Vondenkamp- Big 12's
2. 17:00.52 Meredith Doran- Big 12's
3. 17:02.11 Megan Thompson- Big 12's
4. 17:33.59 Alex Gustafson- Big 12's
- 5.

100 Fly

1. 0:56.80 Sarah Norris- Big 12's
2. 0:56.84 Tina Wollin- Big 12's
3. 0:57.13 Elena Carvell- TYR Invitational
4. 0:57.47 Carissa Poeschel- Last Chance
5. 0:58.52 Mandi Caudle- Big 12's

200 Fly

1. 2:05.26 Tiana Wollin- Big 12's
2. 2:07.93 Meredith Doran- Big 12's
3. 2:10.64 Carissa Poeschel- TYR Invite
4. 2:11.44 Elena Carvell- Northern Iowa
5. 2:16.75 Jackie Itzen- Iowa

100 Back

1. **0:54.81** Dani Harris- Big 12's
2. 0:56.55 Sarah Norris- Big 12's
3. 0:57.99 Megan Thompson- Big 12's
4. 0:58.54 Chelsea Tomek- Iowa
5. 0:58.58 Liz Holman- Big 12's

200 Back

1. **1:57.53** Dani Harris- Big 12's
2. 2:04.47 Chelsea Tomek- Iowa
3. 2:04.95 Liz Holman- Big 12's
4. 2:05.86 Jenny Vondenkamp- TYR Invite
5. 2:06.38 Sarah Norris- Big 12's

100 Breast

1. 1:03.13 Jeli Nixt- Big 12's
2. 1:03.62 Emily Wiltsie- Big 12's
3. 1:04.68 Dani Harris- Last Chance
4. 1:04.70 Lindsey Frodyma- Big 12's
5. 1:06.07 Marley Suckow- Big 12's

200 Breast

1. **2:15.61** Emily Wiltsie- Big 12's
2. 2:19.38 Lindsey Frodyma- Big 12's
3. 2:20.50 Jeli Nixt- Big 12's
4. 2:20.51 Dani Harris- TYR Invitational
5. 2:20.77 Marley Suckow- Big 12's

200 Individual Medley

1. 2:01.99 Dani Harris- Big 12's
2. 2:06.13 Lindsey Frodyma- Big 12's
3. 2:07.32 Emily Wiltsie- Big 12's
4. 2:10.15 Tiana Wollin- Big 12's
5. 2:11.03 Marley Suckow- Big 12's

400 Individual Medley

1. 4:29.37 Emily Wiltsie- Big 12's
2. 4:30.03 Dani Harris- TYR Invitational
3. 4:35.42 Lindsey Frodyma- TYR Invite
4. 4:36.70 Marley Suckow- Big 12's
5. 4:39.09 Amy Bauer- Big 12's

200 Medley Relay

- 1:42.35** Big 12's
 Harris :25.88, Nixt :27.97
 Norris :24.64, Amundsen :23.86

400 Medley Relay

- 3:51.00 TYR Invitational
 Harris :56.13, Nixt 1:05.16
 Carvell :56.63, Vollhaber :53.08

200 Free Relay

- 1:34.60 Big 12's
 Vollhaber :24.13, Norris :23.35
 Nixt :23.64, Harris :23.48

400 Free Relay

- 3:29.22 Big 12's
 Wubbena :52.57, Amundsen :52.83
 Vollhaber :52.32, Gustafson :51.50

800 Free Relay

- 7:31.37 Big 12's
 Vondenkamp 1:51.93, Gustafson 1:52.42
 Tomek 1:52.71, Doran 1:54.31

BOLD = Under NCAA 'B' Standard

1-Meter (Six Dives)

1. **272.70** Sarah Nelson- Missouri
2. **271.10** Lauren Naeve- UNO
3. **266.78** Abby Christensen- UNO
4. 254.91 Jessica Nicholson- South Dakota
5. 248.48 Justine Anders- Nebraska

3-Meter (Six Dives)

1. **283.35** Jenn Botsch- Minnesota
2. 276.05 Sarah Nelson- SDSU/WIU
3. 274.13 Lauren Naeve- UNO
4. 272.93 Jessica Nicholson- Missouri
5. 264.52 Justine Anders- Nebraska

Platform (Five Dives)

1. **245.90** Sarah Nelson- TYR Invitational
2. 194.15 Jessica Nicholson- Big 12's
3. 191.45 Abby Christensen- Big 12's
4. 183.25 Lauren Naeve- TYR Invitational
5. 182.25 Jenn Botsch- Big 12's

BOLD= NCAA Zone Diving Qualifying Score



Top Five Times (Thru 09-10 Season)

50 Free

1. **0:23.00** Nan Liu- Big 12 Championships
2. 0:23.21 Abby Glaser- Big 12 Champ.
3. 0:23.46 Lindsey Behrens- Big 12 Champ.
4. 0:23.96 Jeli Nixt- Big 12 Championships
5. 0:24.01 Frances Calzada- Big 12's

100 Free

1. 0:50.76 Abby Glaser- Big 12 Champ.
2. 0:50.80 Nan Liu- Big 12 Championships
3. 0:51.19 Lindsey Behrens- Iowa
4. 0:51.61 Frances Calzada- Big 12 Champ.
5. 0:52.38 Dani Harris- TYR Invite

200 Free

1. 1:50.84 Frances Calzada- Big 12's
2. 1:51.31 Jenny Vondenkamp- Big 12's
3. 1:52.41 Lindsey Behrens- TYR Invite
4. 1:52.65 Chelsea Tomek- Big 12 Champ.
5. 1:52.75 Megan Thompson- TYR Invite

500 Free

1. 4:56.06 Jenny Vondenkamp- Big 12's
2. 4:57.08 Megan Thompson- TYR Invite
3. 4:57.91 Chelsea Tomek- Big 12 Champ.
4. 5:07.35 Taylor Vieau- TYR Invite
5. 5:07.74 Meredith Doran- Big 12 Champ.

1000 Free

1. 10:14.30 Jenny Vondenkamp- Iowa
2. 10:17.00 Megan Thompson- Iowa
3. 10:24.21 Taylor Vieau- Big 12 Champ.
4. 10:25.61 Meredith Doran- Big 12 Champ.
5. 10:54.16 Amy Bauer- Nebraska

1650 Free

1. 16:59.05 Jenny Vondenkamp- Big 12's
2. 17:06.04 Taylor Vieau- Big 12 Champ.
3. 17:10.52 Megan Thompson- Big 12's
4. 17:15.76 Meredith Doran- Big 12 Champ.
- 5.

100 Fly

1. **0:53.24** Nan Liu- Big 12 Championships
2. **0:54.20** Abby Glaser- Big 12 Champ.
3. 0:56.58 Lindsey Behrens- Big 12 Champ.
4. 0:56.91 Sarah Norris- Big 12 Champ.
5. 0:57.21 Tiana Wollin- Big 12 Champ.

200 Fly

1. 2:03.30 Nan Liu- Nebraska
2. 2:06.00 Taylor Vieau- Big 12 Champ.
5. 2:06.12 Tianna Wollin- Big 12 Champ.
3. 2:06.29 Hannah McCulley- Big 12's
4. 2:09.00 Meredith Doran- Big 12 Champ.

100 Back

1. **0:53.85** Nan Liu- Big 12 Championships
2. 0:55.85 Dani Harris- TYR Invite
4. 0:57.45 Megan Thompson- Big 12's
3. 0:57.63 Sarah Norris- Big 12 Champ.
5. 0:58.54 Abby Glaser- TYR Invite

200 Back

1. **1:57.45** Nan Liu- Big 12 Championships
2. 1:59.59 Dani Harris- Big 12 Champ.
3. 2:01.07 Chelsea Tomek- Big 12 Champ.
4. 2:04.86 Sarah Norris- Big 12 Champ.
5. 2:05.49 Jenny Vondenkamp- TYR Invite

100 Breast

1. **1:01.64** Jeli Nixt- Big 12 Championships
2. 1:03.67 Marley Suckow- Big 12 Champ.
3. 1:05.32 Lindsey Frodyma- Big 12 Champ.
4. 1:06.11 Dani Harris- Illinois
5. 1:09.18 Kalyn Amundsen- Big 12 Champ.

200 Breast

1. **2:15.46** Jeli Nixt- Big 12 Championships
2. 2:17.15 Marley Suckow- Big 12 Champ.
3. 2:17.25 Dani Harris- TYR Invite
4. 2:24.04 Lindsey Frodyma- Big 12 Champ.
5. 2:35.50 Jackie Itzen- Big 12 Champ.

200 Individual Medley

1. 2:02.92 Dani Harris- TYR Invite
2. 2:06.18 Lindsey Behrens- TYR Invite
3. 2:08.06 Taylor Vieau- Big 12 Champ.
4. 2:08.38 Marley Suckow- Big 12 Champ.
5. 2:08.41 Lindsey Frodyma- Big 12 Champ.

400 Individual Medley

1. 4:27.04 Taylor Vieau- Big 12 Champ.
2. 4:34.28 Amy Bauer- Big 12 Champ.
3. 4:35.37 Hannah McCulley- Big 12 Champ.
4. 4:37.56 Jackie Itzen- Big 12 Champ.
5. 4:41.01 Marley Suckow- TYR Invite

200 Medley Relay

- 1:40.19** Big 12 Championships
Liu :25.18, Nixt :27.70
Glaser :24.48, Behrens :22.85

400 Medley Relay

- 3:39.19** Big 12 Championships
Liu :53.88, Nixt 1:01.37
Glaser :53.38, Behrens :50.56

200 Free Relay

- 1:32.45** Big 12 Championships
Liu :23.00, Glaser :23.04
Calzada :23.24, Behrens :22.97

400 Free Relay

- 3:23.02 Big 12 Championships
Liu :50.80, Glaser :50.93
Calzada :50.92, Behrens :50.37

800 Free Relay

- 7:27.70 Big 12 Championships
Vondenkamp, 1:51.58, Tomek, 1:51.43
Thompson 1:52.06, Harris, 1:52.63

BOLD = Under NCAA 'B' Standard

1-Meter (Six Dives)

1. **301.34** Tien Tran- Iowa
2. **266.55** Abby Christensen- Kansas
3. 246.45 Lauren Naeve- Kansas
4. 244.45 Sarah Nelson- Intrasquad
5. 226.95 Jenn Botsch- Intrasquad

3-Meter (Six Dives)

1. **325.95** Tien Tran- Nebraska Invite
2. **283.88** Abby Christensen- Nebraska
3. 261.75 Sarah Nelson- Nebraska Invite
4. 254.70 Jenn Botsch- Nebraska
5. 253.42 Lauren Naeve- Missouri

Platform (Five Dives)

1. **271.75** Tien Tran- Big 12 Championships
2. 202.55 Sarah Nelson- Big 12 Championships
3. 199.15 Abby Christensen- Nebraska Invite
4. 198.70 Lauren Naeve- Big 12 Championships
5. 166.70 Justine Anders- Big 12 Championships

BOLD= NCAA Zone Diving Qualifying Score

All-Time Top Times

50 Freestyle

1. Sam Dyshaw	22.98	03-04
2. Nan Liu	23.00	09-10
3. Abby Glaser	23.05	07-08
4. Lauren Breunig	23.37	05-06
5. Rena Kelinson	23.40	01-02
6. Tea Cerkvenik	23.44	94-95
7. Lindsey Behrens	23.46	09-10
8. Jenn Kollbaum-Adams	23.50	92-93
9. Mikka Olson	23.58	94-95
10. Brita Benson	23.58	02-03
11. Jenni Adams	23.61	90-91
12. Kim Schmugge	23.64	00-01
13. Becca Meyer	23.65	01-02
14. Dara Rose	23.74	00-01
15. Jenny Lindberg	23.75	02-03
16. Frances Calzada	23.76	08-09
17. Cassandra Nelson	23.77	06-07
18. Jodel Fesenmaier	23.78	00-01
19. Sarah Norris	23.87	10-11
20. Jennifer Steele	23.94	84-85
20. Katie Vollhaber	23.94	10-11

100 Freestyle

1. Lauren Breunig	49.79	06-07
2. Jenn Kollbaum-Adams	50.30	92-93
3. Abby Glaser	50.68	09-10
4. Sam Dyshaw	50.70	02-03
5. Lindsey Behrens	50.73	08-09
6. Nan Liu	50.80	09-10
7. Tea Cerkvenik	50.95	94-95
8. Susanne Notbohm	51.15	01-02
9. Brita Benson	51.29	02-03
10. Rena Kelinson	51.47	02-03
11. Frances Calzada	51.61	09-10
12. Jenny Lindberg	51.65	02-03
13. Erin Luebke	51.69	92-93
14. Becca Meyer	51.87	00-01
15. Jodel Fesenmaier	51.98	98-99
16. Mikka Olsen	52.06	93-94
17. Dara Rose	52.08	00-01
18. Cassandra Nelson	52.30	05-06
19. Sarah Norris	52.31	10-11
20. Donna Braun	52.35	87-88

200 Freestyle

1. Lauren Breunig	1:47.73	06-07
2. Lindsey Behrens	1:49.81	08-09
3. Susanne Notbohm	1:50.03	02-03
4. Jenn Kollbaum-Adams	1:50.22	92-93
5. Rena Kelinson	1:50.79	01-02
6. Frances Calzada	1:50.84	09-10
7. Alex Gustafson	1:50.89	10-11
8. Jenny Vondenkamp	1:51.22	10-11
9. Kristen Vanek	1:52.06	01-02
10. Donna Braun	1:52.21	88-89

11. Tanya Roach	1:52.57	81-82
12. Chelsea Tomek	1:52.65	09-10
13. Chelsey Walden	1:52.68	06-07
14. Megan Thompson	1:52.75	09-10
15. Brita Benson	1:53.01	01-02
16. Jenny Lindberg	1:53.07	03-04
17. Shelly Olson	1:53.12	90-91
18. Sonja Groening	1:53.40	01-02
19. Tami Ritchie	1:53.70	04-05
20. Kelly Yates	1:53.78	99-00

500 Freestyle

1. Chelsey Walden	4:52.30	06-07
2. Megan Thompson	4:52.96	08-09
3. Jenny Vondenkamp	4:53.58	08-09
4. Shelli Olson	4:53.59	90-91
5. Lydia Smirniotis	4:53.95	04-05
6. Tanya Roach	4:56.42	81-82
7. Chelsea Tomek	4:57.91	09-10
8. Petra Plaminkova	4:58.11	02-03
9. Kristen Vanek	4:58.44	01-02
10. Lara Skoog	4:58.76	03-04
11. Meredith Doran	4:58.92	10-11
12. Sonja Groening	4:59.74	01-02
13. Lynn Ellis	4:59.93	81-82
14. Kelly Yates	5:01.06	99-00
15. Amber McDowell	5:01.92	99-00
16. Shaylyn Green	5:02.26	00-01
17. Alex Gustafson	5:02.28	10-11
18. Taylor Vieau	5:02.58	08-09
19. Cally Voorhees	5:03.22	01-02
20. Melissa Jensen	5:03.88	00-01

1000 Freestyle

1. Chelsey Walden	10:03.71	06-07
2. Lydia Smirniotis	10:06.70	05-06
3. Lara Skoog	10:07.64	03-04
4. Shelli Olson	10:09.48	90-91
5. Petra Plaminkova	10:12.47	00-01
6. Jenny Vondenkamp	10:13.35	08-09
7. Meredith Doran	10:13.58	10-11
8. Megan Thompson	10:15.64	10-11
9. Kristen Vanek	10:19.96	01-02
10. Tanya Roach	10:21.09	81-82
11. Taylor Vieau	10:24.21	09-10
12. Sonja Groening	10:24.73	01-02
13. Carmella Nogar	10:25.37	01-02
14. Shaylyn Green	10:25.51	00-01
15. Lynn Ellis	10:26.15	82-83
16. Lynn Campbell	10:27.35	84-85
17. Julie Elwell	10:29.56	89-90
18. Kelly Yates	10:31.67	99-00
19. Betsy Nowak	10:32.98	83-84
20. Rena Kelinson	10:34.36	99-00

All-Time Top Times

1650 Freestyle

1. Chelsey Walden	16:41.16	06-07
2. Lydia Smirniotis	16:49.68	05-06
3. Jenny Vondenkamp	16:50.81	08-09
4. Lara Skoog	16:50.93	03-04
5. Shelli Olson	16:58.89	90-91
6. Meredith Doran	17:00.52	10-11
7. Megan Thompson	17:00.79	08-09
8. Kristin Vanek	17:03.86	02-02
9. Tanya Roach	17:05.89	81-82
10. Taylor Vieau	17:06.04	09-10
11. Lynn Ellis	17:17.86	82-83
12. Shaylyn Green	17:19.13	00-01
13. Julie Elwell	17:22.13	89-90
14. Alison Kimble	17:28.92	00-01
15. Christa Graper	17:29.58	94-95
16. Alex Gustafson	17:33.59	10-11
17. Lynn Campbell	17:34.87	84-85
18. Kelly Yates	17:35.49	99-00
19. Chelsea Tomek	17:38.03	07-08
20. Calley Voorhees	17:38.16	00-01

100 Butterfly

1. Nan Liu	53.24	09-10
2. Abby Glaser	54:17	07-08
3. Sonja Groening	54:44	01-02
4. Susanne Notbohm	54.79	01-02
5. Sam Dyshaw	54.99	02-03
6. Lindsay Wegner	55.25	08-09
7. Karen Groth	55.43	83-84
8. Elena Carvell	55.53	09-10
9. Brita Benson	55.87	03-04
10. Lindsey Behrens	56.10	07-08
11. Carmella Nogar	56.23	02-03
12. Kim Schmutge	56.56	03-04
13. Amber McDowell	56.61	00-01
14. Sarah Norris	56.80	10-11
15. Tiana Wollin	56.84	10-11
16. Becca Meyer	57.04	01-02
17. Julie Bancroft	57.16	94-95
18. Tami Ritchie	57.42	05-06
19. Kim Rogers	57.47	02-03
19. Carissa Poeschel	57.47	10-11

200 Butterfly

1. Amber McDowell	2:00.95	01-02
2. Kim Rogers	2:02.00	05-06
3. Nan Liu	2:03.30	09-10
4. Petra Plaminkova	2:03.76	00-01
5. Karen Groth	2:04.09	83-84
6. Carmella Nogar	2:04.12	01-02
7. Tami Ritchie	2:04.30	05-06
8. Sonja Groening	2:04.40	01-02
9. Tiana Wollin	2:05.26	10-11
10. Abby Glaser	2:05.45	08-09
11. Sherry Behan	2:05.50	81-82

11. Lynn Ellis	2:05.50	81-82
13. Hannah McCulley	2:05.89	08-09
14. Taylor Vieau	2:06.00	09-10
15. Lindsey Behrens	2:06.15	07-08
16. Lydia Smirniotis	2:06.42	02-03
17. Meredith Doran	2:07.27	08-09
18. Julie Bancroft	2:08.09	94-95
19. Sarah Schuchmann	2:08.16	84-85
20. A-Lisa Miles	2:09.46	97-98

100 Backstroke

1. Nan Liu	53.85	09-10
2. Dani Harris	54.81	10-11
3. Lindsay Wegner	54.96	08-09
4. Maggie Peterson	55.48	04-05
5. Melissa Jensen	55.82	01-02
6. Megan Thompson	55.98	08-09
7. Sarah Norris	56.55	10-11
8. Kim Schmutge	56.75	03-04
9. Erin Luebke	56.94	94-95
10. Kelly Lorenz	57.11	97-98
11. Cassandra Nelson	57.63	05-06
12. Jamie Wieben	57.84	02-03
13. Jodel Fesenmaier	57.95	98-99
14. Danielle Levings	57.98	08-09
15. Susanne Notbohm	58.02	00-01
16. Hannah Smith	58.16	08-09
17. Abby Glaser	58.54	09-10
17. Chelsea Tomek	58.54	10-11
19. Kim Rogers	58.58	05-06
19. Liz Holman	58.58	10-11

200 Backstroke

1. Nan Liu	1:57.45	09-10
2. Dani Harris	1:57.53	10-11
3. Melissa Jensen	1:58.71	01-02
4. Lindsay Wegner	1:59.90	08-09
5. Maggie Peterson	2:00.52	04-05
6. Kim Rogers	2:00.98	05-06
7. Chelsea Tomek	2:01.07	09-10
8. Jenny Vondenkamp	2:03.41	08-09
9. Jamie Wieben	2:03.86	02-03
10. Kelly Lorenz	2:04.06	97-98
11. Danielle Levings	2:04.66	08-09
12. Sarah Norris	2:04.86	09-10
13. Liz Holman	2:04.95	10-11
14. Carmella Nogar	2:05.39	99-00
15. Katie Oien	2:05.52	93-94
16. Amy Bauer	2:05.71	09-10
17. Susanne Notbohm	2:05.97	02-03
18. Emily Welborn	2:07.15	05-06
19. Kim Brekke	2:07.41	93-94
20. Hannah Smith	2:07.49	08-09

All-Time Top Times

100 Breaststroke

1. Jeli Nixt	1:01.64	09-10
2. Marni Benson	1:01.72	08-09
3. Kim Reid	1:02.46	98-99
4. Emily Wiltsie	1:03.62	10-11
5. Marley Suckow	1:03.67	09-10
6. Marie-Eve Tremblay	1:03.80	00-01
7. Krista Moyer	1:04.16	08-09
8. Petra Plaminkova	1:04.18	01-02
9. Jenni Adams	1:04.19	88-89
10. Dani Harris	1:04.68	10-11
11. Lindsey Frodyma	1:04.70	10-11
12. Tanya Henkels	1:05.65	94-95
13. Shannon Parker	1:06.10	02-03
14. Amy Rothell	1:06.48	88-89
15. Kelly Schwantz	1:06.71	99-00
16. A-Lisa Miles	1:07.30	99-00
17. Susan Brethorst	1:07.36	94-95
18. Lindsey Behrens	1:07.51	07-08
19. Michelle Sexton	1:07.54	99-00
20. Lisa Fraser	1:07.70	81-82

12. A-Lisa Miles	2:06.73	99-00
13. Emily Wiltsie	2:07.32	10-11
14. Kim Reid	2:07.35	98-99
15. Taylor Vieau	2:08.06	09-10
16. Marley Suckow	2:08.38	09-10
17. Lindsay Wegner	2:08.76	07-08
18. Kim Brekke	2:09.15	93-94
19. Kelly Schwantz	2:09.28	99-00
20. Amy Rothell	2:09.56	88-89

400 Individual Medley

1. Petra Plaminkova	4:19.04	01-02
2. Kim Rogers	4:20.45	05-06
3. Carmella Nogar	4:25.34	01-02
4. Taylor Vieau	4:27.04	09-10
5. Lydia Smirniotis	4:27.57	04-05
6. Emily Wiltsie	4:29.37	10-11
7. Dani Harris	4:30.03	10-11
8. Lauren Breunig	4:30.72	04-05
9. Jackie Itzen	4:31.52	07-08
10. Alison Kimble	4:32.97	00-01
11. A-Lisa Miles	4:33.03	98-99
12. Lindsey Behrens	4:33.07	06-07
13. Robin McCallister	4:33.28	94-95
14. Lynn Ellis	4:33.65	80-81
15. Amy Bauer	4:34.28	09-10
16. Kim Chrun	4:34.85	01-02
17. Hannah McCulley	4:35.37	09-10
18. Lindsey Frodyma	4:35.42	10-11
19. Erika Vonout	4:36.03	98-99
20. Marley Suckow	4:36.70	10-11

200 Breaststroke

1. Jeli Nixt	2:15.46	09-10
2. Emily Wiltsie	2:15.61	10-11
3. Marni Benson	2:15.64	08-09
4. Petra Plaminkova	2:16.33	03-04
5. Marley Suckow	2:17.15	09-10
6. Dani Harris	2:17.25	09-10
7. Kim Reid	2:18.08	97-98
8. Marie-Eve Tremblay	2:19.18	98-99
9. Lindsey Frodyma	2:19.38	10-11
10. A-Lisa Miles	2:20.36	99-00
11. Jenni Adams	2:20.62	88-89
12. Kim Chrun	2:21.74	03-04
13. Krista Moyer	2:22.18	08-09
14. Shannon Parker	2:22.34	02-03
15. Kelly Schwantz	2:22.81	00-01
16. Tanya Henkels	2:23.16	95-96
17. Amy Rothell	2:23.99	04-05
18. Michelle Sexton	2:24.92	99-00
19. Lauren Breunig	2:24.99	04-05
20. Jenny Droege	2:25.99	89-90

200 Medley Relay

1. Liu, Nixt Glaser, Behrens	1:40.19	09-10
2. Wegner, Nixt Glaser, Calzada	1:41.14	08-09
3. Harris, Nixt Norris, Amundsen	1:42.35	10-11
4. Schmutz, Plaminkova B. Benson, Dyshaw	1:42.78	03-04
5. Schmutz, Tremblay Notbohm, Meyer	1:43.23	00-01
6. Wegner, M. Benson Glaser, Calzada	1:43.71	07-08
7. Schmutz, Plaminkova Groening, Kelinson	1:43.71	01-02
8. Schmutz, Plaminkova Notbohm, Kelinson	1:43.87	02-03
9. Norris, Nixt Carvell, Harris	1:44.24	10-11
10. Peterson, M. Benson Wegner, Nelson	1:44.47	05-06

200 Individual Medley

1. Lauren Breunig	2:00.31	06-07
2. Susanne Notbohm	2:01.56	01-02
3. Dani Harris	2:01.99	10-11
4. Lindsey Behrens	2:03.29	08-09
5. Jeli Nixt	2:04.00	08-09
6. Kim Rogers	2:04.18	05-06
7. Petra Plaminkova	2:04.43	00-01
8. Carmella Nogar	2:04.48	01-02
9. Marni Benson	2:04.87	08-09
10. Lindsey Frodyma	2:06.13	10-11
11. Erin Lubke	2:06.41	94-95

All-Time Top Times

400 Medley Relay

1. Liu, Nixt Glaser, Behrens	3:39.19	09-10
2. Wegner, M. Benson Glaser, Behrens	3:40.98	08-09
3. Liu, Nixt Glaser, Calzada	3:44.09	09-10
4. Peterson, M. Benson Rogers, Breunig	3:44.29	05-06
5. Jensen, Plaminkova Groening, Notbohm	3:46.73	01-02
6. Peterson, Fehl Rogers, Breunig	3:46.93	04-05
7. Schmutge, Plaminkova Dyshaw, Breunig	3:47.29	03-04
8. Wegner, M. Benson Glaser, Breunig	3:47.31	06-07
9. Jensen, Plaminkova Notbohm, Kelinson	3:48.29	00-01
10. Schmutge, Plaminkova Notbohm, Dyshaw	3:50.31	02-03

200 Free Relay

1. Liu, Glaser Calzada Behrens	1:32.45	09-10
2. Glaser, Behrens M. Benson, Calzada	1:32.92	08-09
3. Dyshaw, B. Benson Lindberg, Kelinson	1:32.95	02-03
4. Breunig, Schmutge Dyshaw, B. Benson	1:33.05	03-04
5. Rose, Meyer Fesenmaier, Kelinson	1:33.35	00-01
6. Kelinson, Fesenmaier B. Benson, Meyer	1:33.39	01-02
7. Breunig, Calzada Glaser, Nelson	1:34.02	06-07
8. Breunig, Nelson Lindberg, Peterson	1:34.50	04-05
9. Breunig, Nelson Wieben, Peterson	1:34.54	05-06
10. Vollhaber, Norris Nixt, Harris	1:34.60	10-11

400 Free Relay

1. Liu, Glaser Calzada, Behrens	3:23.02	09-10
2. Notbohm, Meyer B. Benson, Kelinson	3:23.91	01-02
3. Breunig, Calzada Glaser, Nelson	3:24.89	06-07
4. Breunig, B. Benson Lindberg, Dyshaw	3:25.49	03-04
5. Dyshaw, Kelinson B. Benson, Lindberg	3:25.84	02-03

6. Glaser, Calzada Tomek, Behrens	3:25.85	08-09
7. Glaser, Calzada Behrens, Amundsen	3:26.32	07-08
8. Breunig, Nelson Ritchie, Peterson	3:26.52	05-06
9. Notbohm, Rose Meyer, Kelinson	3:26.97	00-01
10. Breunig, Lindberg Nelson, Peterson	3:27.17	04-05

800 Free Relay

1. Notbohm, Kelinson Vanek, Plaminkova	7:23.46	02-03
2. Breunig, Calzada Behrens, Walden	7:25.69	06-07
3. Breunig, Ritchie Walden, Peterson	7:25.96	05-06
4. Behrens, Vondenkamp Calzada, Tomek	7:26.50	08-09
5. Vondenkamp, Tomek Thompson, Harris	7:27.70	09-10
6. Notbohm, Groenig Kelinson, Plaminkova	7:28.15	01-02
7. Breunig, Plaminkova Lindberg, Notbohm	7:28.52	03-04
8. Vondenkamp, Gustafson Tomek, Doran	7:31.37	10-11
9. Breunig, Lindberg Ritchie, Walden	7:32.34	04-05
10. Kelinson, Vanek McDowell, Plaminkova	7:33.50	00-01

1-Meter Diving (Six Dives)

1. Janet Lahti	309.30	85-86
2. Tien Tran	301.34	09-10
3. Linda Wagner	297.15	03-04
4. Hillary Nichols	290.31	03-04
5. Haley Haynes	283.80	05-06
6. Mary Ann Eadie	283.35	79-80
7. Katie Grinnell	280.50	92-93
8. Kali Fryklund	279.94	07-08
9. Sarah Nelson	272.70	10-11
10. Erin Cowan	271.95	95-96

3-Meter Diving (Six Dives)

1. Tien Tran	338.55	08-09
2. Katie Grinnell	318.98	93-94
3. Janet Lahti	307.28	86-87
4. Haley Haynes	303.15	05-06
5. Kathy Arndt	301.80	88-89
6. Gail Olson	297.45	04-05
7. Linda Wagner	297.30	03-04
8. Sofie Nilsson	289.95	00-01
9. Nancy Behlmer	289.90	86-87
10. Erin Cowan	289.28	98-99

All-Time Top Times

Platform Diving (Five Dives)

1. Tien Tran	271.75	09-10
2. Hillary Nichols	260.95	04-05
3. Sarah Nelson	245.90	10-11
4. Haley Haynes	219.90	06-07
5. Kali Fryklund	215.95	07-08
6. Linda Wagner	214.25	03-04
7. Abby Christensen	199.15	09-10
8. Lauren Naeve	198.70	09-10
9. Gail Olson	195.85	02-03
10. Katie Herman	195.75	04-05

1-Meter Diving (Ten Dives)

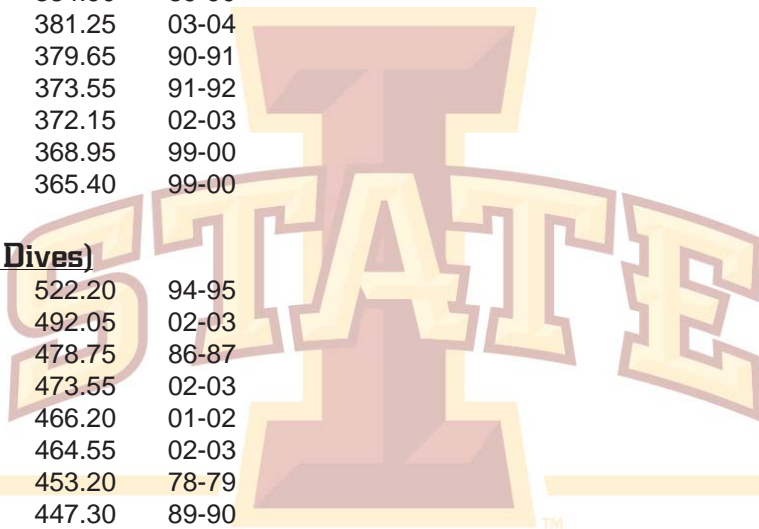
1. Katie Grinnell	439.55	94-95
2. Gail Olson	403.30	02-03
3. Haley Haynes	398.55	05-06
4. Kathy Arndt	384.90	89-90
5. Linda Wagner	381.25	03-04
6. Heidi Hulbert	379.65	90-91
7. Amy Darda	373.55	91-92
8. Hillary Nichols	372.15	02-03
9. Thea Hoeg	368.95	99-00
10. Allison Wagoner	365.40	99-00

3-Meter Diving (Eleven Dives)

1. Katie Grinnell	522.20	94-95
2. Hillary Nichols	492.05	02-03
3. Janet Lahti	478.75	86-87
4. Gail Olson	473.55	02-03
5. Linda Wagner	466.20	01-02
6. Alicia Adsit	464.55	02-03
7. Mary Ann Eadie	453.20	78-79
8. Heidi Hulbert	447.30	89-90
9. Nancy Behlmer	446.45	87-88
10. Anne Hackworthy	439.05	85-86

Platform Diving (Nine Dives)

1. Hillary Nichols	408.70	04-05
2. Linda Wagner	338.40	03-04
3. Alicia Adsit	325.55	02-03
4. Sofie Nilsson	324.05	00-01
5. Katie Herman	316.10	04-05
6. Thea Hoeg	296.70	99-00
7. Gail Olson	294.60	02-03
8. Megan Flaws	259.85	03-04
9. Jennifer Maupin (eight dives)	212.80	98-99
10. Allison Wagoner (8 dives)	185.80	98-99



SWIMMING & DIVING